# **UDODEME HELEN OGECHUKWU (OKOYE-OTI)**



Department of Pharmacognosy and Environmental Medicine, University of Nigeria Nsukka- Enugu State, Nigeria. 410001. +234(0)8036977153, helen.udodeme@unn.edu.ng

### **LECTURER II**

**CAREER OBJECTIVE**: A determined and objective pharmacist with strong passion to learn and impart knowledge while maintaining professional excellence.

#### **BIOGRAPHY:**

First School Leaving Certificate, Nepa Staff Schoo, Ogorode Sapele, Delta State 1989-1992; West African Examination Council, Global Secondary School, Onitsha, Anambra State 1992-1999; B.Pharm, University of Nigeria, Nsukka 2002-2008; M.Pharm, University of Nigeria, Nsukka 2013-2015; Ph.D, University of Nigeria, Nsukka, 2015-present.

## **QUALIFICATIONS**

- 2016-present: (PhD in View) in Phytopharmacology and Phytotherapy at Department of Pharmacognosy and Environmental medicine. University of Nigeria, Nigeria, Nsukka, Enugu State.
- 2013-2015: Masters in Pharmacognosy and Environmental Medicine.
  University of Nigeria, Nsukka, Enugu State.
- 2011-2012 Certificate of National Service (NYSC)- Nnamdi Azikiwe University Teaching Hospital, Nnewi, Anambra State.
- 2009-2010: Certificate of Experience- One year Professional Internship Programme, Nnamdi Azikiwe University Teaching Hospital, Orba, Nnewi, Anambra State
- 2002-2008: Bachelor in Pharmacy (with Distinctions in Departments of Pharmacology & Toxicology, Clinical Pharmacy & Pharm. Management and Pharmaceutical Technology, Industrial pharmacy). University of Nigeria, Nsukka, Enugu State.

- 1992-1999: West African Senior School Certificate Examination. Global Secondary School, Onitsha, Anambra State.
- 1989-1992: First School Leaving Certificate. Nepa Staff School, Ogorode Sapele, Delta State.

**RESEARCH INTEREST:** Neglected Tropical Diseases

AREA OF SPECIALIZATION: Natural Product Science

# **RESEARCH:**

 Research undergraduate student, Department of Clinical Pharmacy and Pharm. Management, University of Nigeria, Nsukka.
 Evaluated: "Assessment of Self-Management Knowledge on Diabetic Patients in Nsukka Locality" (June, 2008- October, 2008).

Research masters student, Department of Pharmacognosy and Environmental Medicine, University of Nigeria, Nsukka. Evaluated: "Pharmacognostic and Lactogenic Studies of the leaves of Stachytarpheta jamaicensis Linn. (Vahl) (Verbenaceae)" (February, 2015).

#### **PUBLICATIONS:**

- **Udodeme H O\***, Odoh U E, Ugwu P N, Diovu E O, Okonta E O, Onyekere P F, Ezugwu C O. 2016. Pharmacognostic Studies of the Leaves of *Stachytarpheta jamaicensis* Linn. (Vahl) (Verbenaceae). International Journal of Pharmacognosy and Phytochemical Research. 8(9); 1503-1508.
- Odoh, U. E., Udodeme, H. O\*, Ugwu, N. P., Diovu, E. O and Ezugwu C.O. 2016.
  Lactogenic studies of Stachytarpheta jamaicensis Linn. (Vahl) family (Verbenaceae) leaves on serum prolactin level of lactating albino rats. IOSR Journal of Pharmacy and Biological Sciences (IOSR-JPBS). Volume 11, Issue 4 Ver. I
- Onyekere Peculiar Feenna, Onyeke Blessing Ugonne, Udodeme Helen Ogechukwu, Anosike Chibuze. 2017. Comparative Anti-diabetic Activities of Methanol and n-Hexane Extracts of Anthocleista vogelii (Gentianaceae) Stem Bark in Normoglycemic and Alloxan-Induced Diabetic Rats. ARC Journal of Pharmaceutical Sciences. 3(1):1-7. doi:dx.doi.org/10.20431/2455-1538.0301001

• Ugwu Patience, Inyagha Stella, Udodeme Helen and Diovu Edith. 2018. Effects of Heavy Metals on the Features of Medicinal Plants at a Quarrying Site, in Ishi-Agu Ebonyi State, Nigeria. International Journal of Indigenous Herbs and Drugs. 3(2): 5-11

#### **CHAPTER IN EDITED BOOKS:**

■ Onyekere Peculiar Feenna, Nwankwo Chioma Obianuju, **Udodeme Helen Ogechukwu**, Nnamani Daniel Okwudili and Ezugwu Christopher Obodike (In Press). Biological Roles of Phytochemicals. In Egbuna, C., Ifemeje, J.C., Udedi, S.C. and Kumar, S. (Eds.). Phytochemistry, volume 1: Fundamentals, Modern Techniques, and Applications. Apple Academic Press, UK. ISBN: 9781771887595, 570 pp.

http://appleacademicpress.com/phytochemistry.volume-1-fundamentals-modern-techniques-and-applications/9781771887595

#### **CONFERENCES ATTENDED**

- 2<sup>nd</sup> International Polymer Conference on theme "Polymer Development and Applications in the 21<sup>st</sup> Century".
- 1st Scientific Conference of Organization for Women in Science for the Developing World (OWSD) with the theme: "The Impact of Women in Science in National Development".
- 30<sup>TH</sup> AGM/14<sup>TH</sup> Scientific Conference of The Nigeria Society of Pharmacognosy (NSP) with the theme: "Sustainable Health Using Natural Products: Sources and Effects on the Environment.
- The 3<sup>rd</sup> African Conference/Workshop on Application of Nanotechnology to Energy, Environment, Agriculture and Health. Theme: Nanotechnology: Key to National and Industrial Development.

# MEMBERSHIP OF PROFESSIONAL BODIES/SOCIETIES

- Member, Pharmaceutical Society of Nigeria.
- Member, Nigeria Society of Pharmacognosy.

#### **GOOGLE CITATION:**

https://www.google.com/search?q=udodeme+helen+ogechukwu&ie=utf-8&oe=utf-8&client=firefox-b-ab